



SPA  
*wurmundaylin*



wumurdaylin {woo-mer-day-lin}  
meaning dragonfly

*Set amongst the beautiful Whitsundays, Spa wumurdaylin welcomes you to our divine relaxation haven. Our warm and relaxed approach invites you to indulge in a sensory experience themed to our stunning natural surrounds of pure oceanic bliss.*

**'wumurdaylin'** – meaning 'dragonfly', symbolises renewal, freedom and beauty, alongside strength and happiness for all. Often found near water, the dragonfly represents our spa ethos here on Hamilton Island with appreciation of this wonderful holiday destination and environment captured perfectly from the dragonfly's view above.

Carefully selected spa products from Waterlily and LI'TYA have been chosen to provide a unique indigenous experience while capturing the beauty of the Whitsunday Islands and our destination spa.

**Waterlily** delivers authentic aromatherapy spa rituals harnessing the rejuvenating properties of essential oils. All Waterlily treatments and products are infused with cold pressed plant oils, anti-ageing vitamins with fresh flowers, fruits and herbal concentrates to create a sensory journey harmonizing the body, mind and soul.

**LI'TYA** – meaning 'of the earth' – is a unique range of premium products which integrate indigenous modalities, utilising precious extracts from the Australian earth, its native plants and its spirit, within a treadlight philosophy – pure botanicals, organic Australian native plants, pure essential oils, no artificial fragrances.

It is our passion to ensure that your time spent at Spa wumurdaylin allows you to unwind, de-stress and drift away to a place of serenity. Please take your time to choose a treatment that meets all your desires, with friendly staff available for any required assistance. Spa wumurdaylin welcomes you, and looks forward to treating you to a delightful spa experience during your stay here on Hamilton Island.

***Kiearr'wo** – everything is joyous, everything is wonderful, everything is sweet.*



## Indigenous Spa Rituals

*The legacy of our destination spa is perhaps best experienced through our signature treatments. With our finest ingredients, all native to Australia, encounter a unique journey with melodic rhythm, touch and aromas.*

### **LI'TYA Ocean Dreaming**

*The unseen vibration of creation.*

In the beginning was The Dreaming, the unseen vibration of creation – the sacred source from where all things are. Nurture, renew and revitalise with our signature 'Of the Sea' spa journey to reconnect body, mind and soul, from head to toe and from outside in. The adventure includes LI'TYA Precision Pedi Spa, LI'TYA Sapphire Sea Wrap, LI'TYA Susu Dew body massage, LI'TYA Paudi scalp massage, LI'TYA Ocean Renew facial and LI'TYA Miji Hand Sea Spa treatments, all embracing traditional Aboriginal healing techniques.

Surrender yourself to the ultimate anti-ageing, renewal and potency of this experience through the power of marine extracts and native plant essential oils and extracts, sea kelp and ancient sea salts, which allow you to celebrate your dreaming, your utmost potential. Combining deeply therapeutic treatments with a healing approach, the skin of the face and body is cleansed, renewed, and nourished, tired muscles are nurtured and re-energised, and all the body systems are rebalanced and rejuvenated. Nurturing your energy and emotions, the soul is left refreshed and smiling with delight.

**Key Elements:** facial, hand and foot treatments, body exfoliation and mud wrap, hair and scalp treatments and massage. **Allow 3 hours – \$450**

### **LI'TYA Pekiri Yulu** *Dream fragrance.*

Unwind, relax and nourish your body with this complete anti-ageing rejuvenation experience. To begin, you will be energised and nourished with a complete mother of pearl body exfoliation, before being cocooned in warm and vitamin packed pearl and kelp body mud, which works to cleanse and deliver essential nutrients to the skin, whilst you enjoy an Aboriginal inspired LI'TYA Paudi scalp massage. You will then surrender your body and soul to a rhythmic LI'TYA Susu Dew massage to complete this truly holistic experience.

**Key Elements:** full body exfoliation and body wrap, incorporating a nourishing hair mask and indigenous pressure points massage to body, head, face, hands and feet – designed to balance and align. **Allow 2 hours – \$300**

### **LI'TYA Susu Dew** *Means 'sea spray'.*

This rhythmic body massage is inspired by traditional Australian Aboriginal techniques, which balance and re-align energy flow, enhancing mind and body wellness. A combination of pressure points and spiralling movements ground and uplift, leaving the body's energies laughing with joy. Used as a preventative maintenance therapy against the stress of the modern world, massage enables the body to start healing itself, relieving physical and emotional tension. This massage utilises the wonderfully refreshing Ocean Dreaming massage blend, combining frangipani, ylang ylang, sandalwood and clary sage to evoke memories of the seaside and ground the spirit.

**Key Element:** massage. **Allow 1 hour Susu Dew – \$145 | 1 hour 30 mins Marta Susu Dew – \$215**

### **LI'TYA Lowanna** *Means 'beautiful'.*

This all-encompassing treatment combines three of the most popular LI'TYA treatments in wonderful unison to create a deluxe pampering experience. Included is the LI'TYA Miji Jina foot treatment, LI'TYA Miji Polama hand treatment and the LI'TYA Mirri facial. The perfect combination for a mother-to-be, or those in need of some serious pampering. Caring for all the zone therapy areas – the hands, feet and head – recharges the body and enhances overall equilibrium.

**Key Elements:** facial, hand and foot treatment. **Allow 1 hour 15 mins – \$170**

*\*Recommended addition to LI'TYA Susu Dew massage.*

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## Body Wrap Cocoon Treatments

Treat your neglected skin to much needed renewal and hydration. All body wraps include a body exfoliation, body wrap cocoon, vichy/rain shower and hydration massage treatment.

Choose from the following infusions:

**Marine Detox Body Wrap** A deeply detoxifying body treatment designed to combat congested, uneven and cellulite prone skin, with active marine extracts and a concentrate of cypress, lemon, and grapefruit rind layered in a blue volcanic clay crème. Finished with a stimulating moisture treatment to recondition, tone and firm skin.

**Of the Earth Body Wrap** An intense clarifying body treatment with an infusion of green tea, ginseng and lemongrass golden clay to revitalise and stimulate the skin, combined with a hydration massage layered with six cold-pressed plant oils, infused healing herbs and restoring essential oils, designed to buff and nourish skin to a silky smoothness.

**Fruit Monsoon Body Wrap** An anti-ageing full body treatment including our intoxicating concentrate of guava, peach and raspberry infused in a mineral rich pink clay cocoon, steeped in a hydrating blend of exotic fruit extracts and pure omega plant oils, this treatment deeply tones, brightens and rejuvenates, revealing youthful and luminous skin.

**Maternal Blessing Body Wrap** A deeply nourishing full body ritual to replenish dry, sensitive, or irritated skin. Also ideal for the mother-to-be, the body and soul is soothed with this organic honey and cocoa wrap sensation and finished with our soothing vanilla bean and molten cocoa butter hydration treatment, leaving skin soft and supple.

**Allow 1 hour 30 mins – \$220 each**



## Body Exfoliation Treatments

The optimal treatment to accelerate natural skin renewal, stimulating circulation and detoxification while ensuring soft, silky smooth skin.

**Intense Body Exfoliation** Stimulate circulation to gently detoxify the body. The ideal treatment to combat cellulite and uneven skin tone.

**Lemongrass Salt Glow** Enjoy a stimulating blend of Australian washed mineral salts infused with nourishing plant oils, exquisite aromatics and vitamins to instantly revitalise tone, texture and hydration. Skin is smoothed to a radiant glow and finished with a replenishing green tea and lemongrass rich moisture treatment.

**Native Mint Salt Buff** A refreshing, powerful skin recharging full body exfoliation therapy, that integrates the native aromatic oils of frangipani and ylang ylang along with native mint Australian sea salts to cleanse and purify, leaving skin smooth and soft. Finish with our luxurious pearl and peppermint skin refining cream, which will leave your body tingling and your spirit revitalised.

**Allow 1 hour – \$175 each**


**Gentle Body Exfoliation** Reveal luminous beautiful skin, most suitable for sensitive, dry, or sun-damaged skin.

**Mother of Pearl Body Polish** Rich in marine and plant collagens to nourish the skin with essential vitamins and minerals, whilst crushed mother of pearl, walnut and wattle seed gently smooth and refresh tired skin, the combination of ylang ylang, pink grapefruit and frangipani work to restore peace and harmony.

**Papaya Crème Body Polish** Rejuvenate and brighten the skin with a tropical blend of pure frangipani absolute, sweet orange and baby neroli blossoms, steeped in a replenishing blend of soya bean and almond oil to leave skin baby smooth. Finished with a pineapple, frangipani and citrus rind hydration massage for complete skin renewal.

**Allow 1 hour – \$165 each**

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## Body Treatments

The ideal spa packages that allow you to relax, unwind and to embrace time away from the everyday stresses.

**Especially for Him and Her** Embrace serenity together and savour two hours of pure spa bliss. This is a recipe designed to suit both him and her, replenishing the body from head to toe with a full body massage including special attention to the back, neck, shoulders, scalp, hands and feet.

Full body aromatherapy massage, oriental head and scalp massage, de-stress foot exfoliation and hydration treatment, Moroccan rose and guava hand hydration treatment and Petite Spa Facial. Includes complimentary use of our couples treatment room.

**Allow 2 hours together – \$255 per person, \$510 per couple**

**Hot Stone Massage Therapy** A truly unique experience you will not forget, this rhythmic full body hot stone massage allows all your stress and tension to melt away.

A warm and soothing massage treatment perfect for those tired, overworked muscles. Relax as coconut oil is drizzled, while heated volcanic hot stones are placed and massaged over the entire body, sending you to a deep and pure state of relaxation.

**Allow 1 hour 30 mins – \$200**

**The Ritual of Rejuvenation** A deeply hydrating spa facial, rich in lashings of exotic fruits, oils and vitamins for instant rejuvenation and renewal, combined with an oriental scalp and body massage. The Ritual of Rejuvenation is the perfect combination to replenish the face and relax the body.

Half body and scalp massage, plus Petite Spa Facial. **Allow 1 hour – \$150**

Full body and scalp massage, plus Petite Spa Facial. **Allow 1 hour 30 mins – \$210**

**Destination De-Stress** Surrender to a deep bamboo foot exfoliation, intense spearmint and ginkgo foot treatment, finished with a combination of massage techniques to release stress and tension from the body. The ideal treatment for over-worked bodies and minds.

Half body and scalp massage, plus spa foot treatment. **Allow 1 hour – \$150**

Full body and scalp massage, plus spa foot treatment. **Allow 1 hour 30 mins – \$210**

**Extremities Plus** Unwind with a relaxing back, neck, shoulder and scalp massage, followed by an express manicure and pedicure to revitalise the hands and feet. Designed for those in need of some pampering, this treatment will leave you feeling just gorgeous!

Back, neck, shoulder and scalp massage, express pedicure and manicure with your choice of polish.

**Allow 2 hours – \$250**

**wumurdaylin Hand Print** Hand treatment and deluxe manicure.

Replenish beautiful hands and nails with an essential oil steeped hand soak, followed by a raspberry crème smoothing exfoliation, a rejuvenating hand massage infused with cocoa butter and a French clay masque. Finished with an exotic moisture boost rich in guava, Moroccan rose and vitamins and deluxe manicure with your choice of polish.

**Allow 30 mins – \$75 (express)**

**Allow 1 hour – \$135 (deluxe)**

**wumurdaylin Foot Print** Foot treatment and deluxe pedicure.

Using the ancient techniques of massage, aromatherapy and pure botanicals, this aromatic foot treatment relieves stress and tension while enhancing relaxation and general wellbeing, leaving feet smooth and soft. Enjoy a foot bath ritual, deep exfoliation, exotic masque, massage and moisture locking hydration, finished with a delightful deluxe pedicure with your choice of polish.

**Allow 30 mins – \$75 (express)**

**Allow 1 hour – \$135 (deluxe)**

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## Spa Facials

Discover the secret to younger and more radiant skin with these delicately fragranced, indulgent facials.

**Waterlily Exclusive Spa Facial Collection** *Spa facials formulated to deliver a new dimension to skin rejuvenation harnessing premium active dilutions of botanical concentrates, vitamins and pure essential oils that promise visible results. Choose from the following rituals:*

**Fruit Enzyme Spa Facial** *Active fruit enzymes and antioxidants visibly smooth and refine to revitalise skin. Targets: reconditioning, fine lines and wrinkles, sun damage, pigmentation, devitalised skin, congested skin, premature ageing.*

**Phyto Nutrient Spa Facial** *Balancing marine nutrients purify and heal to promote clear confident skin. Targets: balancing, acne prone complexions, congested and combination skin types presenting with excess oil and large pores, dehydration and scarring.*

**Youth Elixir Spa Facial** *Vitamins, floral extracts and omega serums reveal a rejuvenated complexion. Targets: anti-ageing, fine lines and wrinkles, dryness, dehydration, sun damage, lack of tone and texture, sensitivity, broken capillaries, mature skin.*

**Allow 1 hour 15 mins – \$160**

**Signature Botanical Spa Facial Collection** *Signature spa facials bursting with botanicals, reconditioning vitamins and precious oils tailored to your needs. Choose from the following infusions:*

**Hydrating Spa Facial** *A deeply replenishing treatment to combat dryness dehydration and sun damaged skin promoting firmness and tone to the skin.*

**Purifying Spa Facial** *A clarifying treatment to gently detoxify combination, oily and acne prone skin, by healing and strengthening the skin for a clearer complexion.*

**Balancing Spa Facial** *An uplifting treatment to revitalise all skin types, ideal for dull or lifeless skin, L'ITYA's native organic products will help boost, balance and rejuvenate neglected skin.*

**Allow 1 hour – \$130**

**Waterlily Petite Spa Facial** *An express treatment to hydrate all skin types.*

*A cleansing facial designed to offer a quick pick me up to brighten, nourish and enliven the complexion.*

**Allow 30 mins – \$75**



## Enhancements

*The perfect option to accompany any chosen facial, hand or foot treatment.*

**Anti-Ageing Eye Treatment** *The ultimate addition to any treatment, fighting puffiness, fine lines and wrinkles surrounding the eyes. Skin firmness, elasticity, tone and texture are plumped and reconditioned with this repairing ritual.*

**Hydrating Hair and Scalp Treatment Masque** *Complete your spa journey with a de-stressing scalp massage, infusing lashings of blackberry, vitamins and pure oils whipped in an orange crème masque treatment to relax the mind and restore brilliance to tired, dry locks.*

**Aromatic Foot Ceremony** *Begin your spa journey with our signature ceremony, designed to rest overworked feet with an exotic infusion of white grapefruit, West Indian lime rind, rose geranium flower and French lavender exfoliation to soak away tension and stress, followed by an indulgent hydration massage steeped in spearmint, pineapple and ginkgo with lashings of vanilla.*

**Allow 15 mins – \$35 each**

*\*Please see our massage treatment list for many more additional treatments. Enhancements available only as an addition to other treatments.*

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## Massage Therapies

For a healing touch applied with skill and care, reap the benefits of our specialised massage techniques to help ease muscle tension, boost circulation and alleviate stress.

Choose from the following modalities:

**Deep Release Massage** A firm massage focused on relieving specific stress and muscle tension in the body. Various techniques are used including deep release for those sports enthusiasts or anyone in need of a strong massage on tight, stressed muscles.

**Relaxation Massage** Soft, soothing strokes, for those who require a rhythmic touch and pure relaxation time. The perfect massage to unwind and drift away from the everyday stresses.

**Pregnancy Massage** The ideal massage choice with nurture and care for the mum-to-be, allowing you to unwind and relax through flowing, soothing strokes. Only suitable for those 12 weeks gestation onward.

*\*In the interest of you and your baby we do not perform any massage treatments in the first trimester.*

**Oriental Head Massage** A combination of massage and pressure point work to the head, neck and shoulders to reduce stress and tension constantly held in areas of the upper body. This treatment is guaranteed to de-stress the busy minded.

**Aromatherapy** Choose from a range of carefully selected and unique blends of organic scented essential oils, especially prepared to promote health of the mind, body, soul and a deeper sense of relaxation with delightful aromas – additional \$5 charge to any chosen massage treatment.

Back, neck, shoulder massage. **Allow 30 mins – \$70**

Full body massage. **Allow 1 hour – \$125**

Extensive full body massage. **Allow 1 hour 30 mins – \$180**



## Alternative Therapies

Take the time to recharge, heal and balance the body with these special modalities, all designed with one thing in mind – you.

**Naturopathy** Replenish your wellbeing with our carefully tailored Naturopathy consultations, perfect for those in need of detoxification, improved sports performance, nutrition assessment, enhanced immunity or men's, women's and children's health advice. Naturopathy can alleviate a wide range of conditions and is suitable for all ages.

**45 min Consultation** Take a step forward with our specialised health consultation including: metabolic age; height; weight; body fat %; muscle mass (kg); bone mass (kg); BMI; blood pressure; blood glucose; Chinese pulse and tongue assessment; nail and skin assessment. Your Naturopath will discuss these results with professional advice and recommendations to improve your everyday health and wellbeing – **\$90**

**75 min Consultation** Take time for yourself with an individual consultation exploring the important areas of health, nutrition, iridology, and body analysis designed to suit your individual health and wellbeing circumstances. Your Naturopath can address issues including lack of energy, stress, poor immune function, natural weight loss and other relevant topics. With tailored supplement advice and lifestyle suggestions, this is the ultimate wellbeing experience not to be missed – **\$150**

**Reiki** Reiki is a non-invasive and gentle, yet powerful, method of healing. Reiki energy – often described as 'universal life energy' or 'spiritual energy' is accessed by the practitioner during a treatment. It enhances the body's natural healing ability and promotes wellbeing. See our qualified therapists for a healing touch to rebalance, de-stress and ground the soul.

**Allow 1 hour – \$125**

*\*Please note our alternative therapies are subject to restricted availability and advanced bookings are required. See reception if you have any special requirements or enquiries pre-consultation about our therapists special modalities.*

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## Spa Etiquette

**Arrival** Please arrive 15 minutes prior to your booking time to complete your consultation form, relax and allow us to be on time for all guests.

**Reservations** Advanced bookings are necessary and recommended to ensure your preferred treatment and appointment time.

**Cancellation Policy** A 50% cancellation fee will apply to all appointments cancelled within 24 hours.

**Health Considerations** Please advise us if you are an expectant mother, have allergies, are experiencing sunburn, or have any health concerns prior to your treatment.

**Privacy** Our caring and professional therapists have the utmost respect for your privacy and will keep any personal information completely confidential. It is our intention to provide a safe, healing environment where we can all relax and enjoy a spa experience.

**Spa Manners** Please keep noise to a minimum at all times in consideration for all guests. Mobile phones and cigarettes are asked to be used outside the spa environment.

**Attire** Please wear comfortable clothing. Bath robes and disposable underwear will be provided for all required treatments.

**Valuables** We highly recommend leaving valuables and jewellery in the safe at your hotel room, or utilising our lockers in the bathrooms.

**Environment** Please respect the environment and other guests by keeping towel use minimal,

and limit your shower time in the spa to no longer than 10 minutes.

**Payment** The spa accepts eftpos and all major credit cards. In-house guests may charge their treatments to their room account.

**Retail Range** Indulge in some retail therapy with our extensive range of beauty products for the body, massage oil blends, herbal teas and spa gift packs available from reception.

**Gift Vouchers** Spa gift vouchers are available for all treatments, and are always a well-received gift idea. Please visit or call reception for more details.

**Facilities** The spa has on-site bathrooms and showers for spa visitors only, two vichy shower rooms, two rain shower rooms and three couples rooms (*treatment choice dependent*).

**Location** The spa is located 50m past the Hamilton Island Wildlife Park, between Hamilton Island Photography and Buggy Hire. Limited parking is available. Please use the Resort Centre buggy parking area if required and be mindful at all times of traffic entering to and from the spa.

**Opening Hours – The spa is open 9am – 7pm daily.**

**Contact Number – 07 4946 8669 or ext 58669.**



[www.litya.com.au](http://www.litya.com.au)



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