

THE HEALTHY BREAKFAST MENU

Tropical Chia Smoothie

Coconut Milk, Soy Milk, Mango, Pineapple, Banana,
Chia Seeds & Honey

Detox Juice

Beetroot, Ginger, Carrot & Apple

Avocado Smash

Avocado mash & Lemon Dill Fetta on Rye Toast

Granola

Rolled Oats, Desiccated Coconut, Pumpkin seeds,
Coconut oil, Raisins, Sunflower Seeds, Vanilla,
Spices & Honey

Berries and Greek Yoghurt

Fresh Watermelon Slices