


Body Exfoliation Treatments

The optimal treatment to accelerate natural skin renewal, stimulating circulation and detoxification while ensuring soft silky smooth skin.


Intense Body Exfoliation Stimulate circulation to gently detoxify the body. The ideal treatment to combat cellulite and uneven skin tone using our Revitalising Lemongrass Salt Glow.

Allow 1 hour – \$175

Gentle Body Exfoliation Reveal luminous beautiful skin, most suitable for sensitive, dry, or sun-damaged skin with the use of our nourishing Papaya Crème Body Polish. 

Allow 1 hour – \$165

Spa Facials

 All spa facials are pregnancy safe

Discover the secret to younger and more radiant skin with these delicately fragranced, indulgent facials.

Waterlily Exclusive Spa Facials Spa facials formulated to deliver a new dimension to skin rejuvenation harnessing premium active dilutions of botanical concentrates, vitamins and pure essential oils that promise visible results. Choose from the following rituals:

Fruit Enzyme Spa Facial Active fruit enzymes and antioxidants visibly smooth and refine to revitalise skin.

Phyto Nutrient Spa Facial Balancing marine nutrients purify and heal to promote clear confident skin.

Youth Elixir Spa Facial Vitamins, floral extracts and omega serums reveal a rejuvenated complexion.

Allow 1 hour 15 mins – \$170

Signature Botanical Spa Facials Bursting with botanicals, reconditioning vitamins and precious oils tailored to your needs. Choose from the following infusions:

Hydrating Spa Facial Deeply replenishing treatment to combat dryness, dehydration and sun damaged skin.

Purifying Spa Facial Clarifying to gently detoxify combination, oily and acne prone skin.

Balancing Spa Facial Ideal for dull or lifeless skin, LI'TYA's native organic products will help boost, balance and rejuvenate neglected skin.


Allow 1 hour – \$145

Waterlily Petite Spa Facial An express facial treatment. Hydrates and refreshes all skin types.

Allow 30 mins – \$85

Enhancements

The perfect option to accompany any chosen facial, hand or foot treatment.

 All spa enhancements are pregnancy safe

Anti-Ageing Eye Treatment The ultimate addition to any treatment, fighting puffiness, fine lines and wrinkles surrounding the eyes.

Hydrating Hair and Scalp Treatment Masque An orange crème masque treatment applied with a de-stressing scalp massage to relax the mind and restore brilliance to tired, dry locks.


Aromatic Foot Ceremony Designed to rest and restore overworked feet. Begin with a deep spearmint and bamboo exfoliation, finished with a hydrating crème and reviving foot massage.

Allow 15 mins – \$40 (available as additions only)

Massage Therapies

For a healing touch applied with skill and care.

Relaxation a rhythmical, flowing massage to relax body and mind

Pregnancy a relaxation massage applied with skill and care suitable for 12 weeks gestation onwards 

Back, neck, shoulder massage. **Allow 30 mins – \$75**

Full body massage. **Allow 1 hour – \$125**

Extensive full body massage. **Allow 1 hour 30 mins – \$180**

Deep Release a firm massage focused on relieving specific stress and muscle tension in the body

Aromatherapy choose from our range of organic essential oils to promote deep relaxation with enchanting aroma's


Back, neck, shoulder massage. **Allow 30 mins – \$80**

Full body massage. **Allow 1 hour – \$135**


Extensive full body massage. **Allow 1 hour 30 mins – \$195**

Alternative Therapies

Take the time to recharge, heal and balance the body with these special modalities.

Naturopathy Replenish your wellbeing with our carefully tailored Naturopathy consultations, perfect for those in need of detoxification, improved sports performance, nutrition assessment, enhanced immunity, men's, women's and children's health advice. Iridiology consultations also available. 

45 min consultation – \$90 75 min consultation – \$150

Reiki A non-invasive and gentle, yet powerful, method of healing to rebalance the mind body and soul. 

Allow 30 mins – \$75 Allow 1 hour – \$125


Spa Etiquette

Arrival Please arrive 15 minutes prior to your booking time to complete your consultation form, relax and allow us to be on time for all guests.

Reservations Advanced bookings are necessary and recommended to ensure your preferred treatment and appointment time.

Cancellation Policy A 50% cancellation fee will apply to all appointments cancelled within 24 hours.

Health Considerations Please advise us if you have allergies, are experiencing sunburn, or have any health concerns prior to your treatment.

Pregnancy Certain spa treatments are not recommended during your first trimester. Please see various treatments marked with a  which are pregnancy safe. It is appreciated if you are pregnant to please advise the spa reception upon booking.

Privacy Our caring and professional therapists have the utmost respect for your privacy and will keep any personal information completely confidential. It is our intention to provide a safe, healing environment where we can all relax and enjoy a spa experience.

Spa Manners Please keep noise to a minimum at all times in consideration for all guests. Mobile phones and cigarettes are asked to be used outside the spa environment.

Attire Please wear comfortable clothing. Bath robes and disposable underwear will be provided for all required treatments.

Valuables We highly recommend leaving valuables and jewellery in the safe at your hotel room, or utilising our lockers in the bathrooms.

Environment Please respect the environment and other guests by keeping towel use minimal and limit your shower time in the spa to no longer than 10 minutes.

Payment The spa accepts eftpos and all major credit cards. In-house guests may charge their treatments to their room account.

Retail Range Indulge in some retail therapy with our extensive range of beauty products for the body, massage oil blends, herbal teas and spa gift packs available from reception.

Gift Vouchers Spa gift vouchers are available for all treatments, and are always a well-received gift idea. Please visit or call reception.

Facilities The spa has on-site bathrooms and showers for spa visitors only, two vichy shower rooms, two rain shower rooms and three couples rooms (treatment choice dependent).

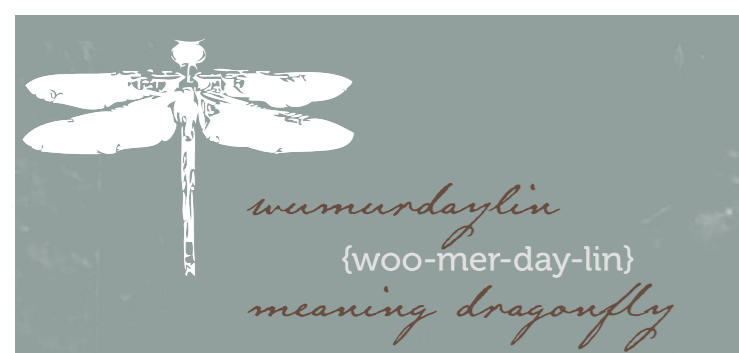
Location The spa is located 50m past the Hamilton Island Wildlife Park, between Hamilton Island Photography and Buggy Hire. Limited parking is available. Please use the Resort Centre buggy parking area if required.

Opening Hours – The spa is open 9am – 7pm daily.

Contact Number – 07 4946 8669 or extension 58669.

Effective 25 March 2013. Prices subject to change.

SPA
Warrumundaylin



Set amongst the beautiful Whitsundays, Spa wumurdaylin welcomes you to our divine relaxation haven. Our warm and relaxed approach invites you to indulge in a sensory experience themed to our stunning natural surrounds of pure oceanic bliss.

'wumurdaylin' – meaning 'dragonfly', symbolises renewal, freedom and beauty, alongside strength and happiness for all. Often found near water, the dragonfly represents our spa ethos here on Hamilton Island with appreciation of this wonderful holiday destination and environment captured perfectly from the dragonfly's view above.

Carefully selected spa products from Waterlily and LI'TYA have been chosen to provide a unique indigenous experience while capturing the beauty of the Whitsunday Islands and our destination spa.

Waterlily delivers authentic aromatherapy spa rituals harnessing the rejuvenating properties of essential oils. All Waterlily treatments and products are infused with cold pressed plant oils, anti-ageing vitamins with fresh flowers, fruits and herbal concentrates to create a sensory journey harmonising the body, mind and soul.

LI'TYA – meaning 'of the earth' – is a unique range of premium products which integrate indigenous modalities, utilising precious extracts from the Australian earth, its native plants and its spirit, within a treadlight philosophy – pure botanicals, organic Australian native plants, pure essential oils, no artificial fragrances.



www.waterlilybodyandbath.com.au



Spa Care from the Australian Dreamtime

www.litya.com.au

Indigenous Spa Rituals

The legacy of our destination spa is perhaps best experienced through our signature treatments. With our finest ingredients all native to Australia, encounter a unique journey with melodic rhythm, touch and aromas.

LI'TYA Ocean Dreaming *The unseen vibration of creation.*

Nurture, renew and revitalise with our signature 'Of the Sea' spa journey to reconnect body, mind and soul, from head to toe and from outside in. The adventure includes LI'TYA Precision Pedi Spa, LI'TYA Sapphire Sea Wrap, LI'TYA Susu Dew body massage, LI'TYA Paudi scalp massage, LI'TYA Ocean Renew facial and LI'TYA Miji Hand Sea Spa treatments, all embracing traditional Aboriginal healing techniques.

Key Elements: facial, hand and foot treatments, body exfoliation and mud wrap, hair and scalp treatments and massage. **Allow 3 hours – \$450**

LI'TYA Pekiri Yulu *Dream fragrance.*

Unwind, relax and nourish your body with this complete anti-ageing rejuvenation experience. To begin, you will be energised and nourished with a complete mother of pearl body exfoliation before being cocooned in warm and vitamin packed pearl and kelp body mud, which works to cleanse and deliver essential nutrients to the skin, whilst you enjoy an Aboriginal inspired LI'TYA Paudi scalp massage. You will then surrender your body and soul to a rhythmic LI'TYA Susu Dew massage to complete this truly holistic experience.

Key Elements: full body exfoliation and body wrap, hair mask and indigenous pressure points massage to body, head, face, hands and feet – designed to balance and align.

Allow 2 hours – \$300

LI'TYA Susu Dew *Means 'sea spray'.*

This rhythmic full body massage is inspired by traditional Australian Aboriginal techniques which balance and re-align energy flow, enhancing mind and body wellness. A combination of pressure points and spiralling movements ground and uplift, utilising our Ocean Dreaming massage blend combining frangipani, ylang ylang, sandalwood and clary sage to evoke memories of the seaside and ground the spirit, complete with a drifting paudi scalp massage and hydrating quandong hair mask.

Key Element: massage. **Allow 1 hour Susu Dew – \$145**
1 hour 30 mins Marta Susu Dew – \$215

LI'TYA Lowanna *Means 'beautiful'.*

Included is the LI'TYA Miji Jina foot treatment, LI'TYA Miji Polama hand treatment and the LI'TYA Mirri facial. The perfect combination for a mother-to-be, or those in need of some serious pampering. Caring for all the zone therapy areas – the hands, feet and head – recharges the body and enhances overall equilibrium. §

Key Elements: facial, hand and foot treatment.

Allow 1 hour 15 mins – \$170

**Recommended addition to LI'TYA SUSU DEW massage.*

Body Wrap Cocoon Treatments

Treat your neglected skin to much needed renewal and hydration. All body wraps include a body exfoliation, body wrap cocoon, vichy/rain shower, facial treatment and hydration massage.

Choose from the following infusions:

Marine Detox Body Wrap A deeply detoxifying body treatment designed to combat congested, uneven and cellulite prone skin with active marine extracts.

Of the Earth Body Wrap An intense clarifying body treatment with an infusion of green tea, ginseng and lemongrass golden clay to revitalise and renew radiance to the skin.

Fruit Monsoon Body Wrap An anti-ageing full body treatment including our intoxicating concentrate of guava, peach and raspberry infused in a mineral rich pink clay cocoon.

Maternal Blessing Body Wrap A deeply nourishing full body ritual to replenish dry, sensitive, or irritated skin. Ideal for the mother-to-be, the body and soul is soothed with this organic honey and cocoa wrap sensation. §

Allow 1 hour 30 mins – \$250 each

Body Treatments

The ideal spa packages to embrace time away from the everyday stresses.

Especially for Him and Her Indulge together and receive a full body aromatherapy massage, oriental head massage, de-stress foot exfoliation and hydration treatment, Moroccan rose and guava hand hydration treatment and Petite Spa Facial. Complimentary use of our couples treatment room.

Allow 2 hours together – \$255 per person, \$510 per couple

Island Escape The perfect pampering from tip to toe including a full body sugar scrub exfoliation and hydration massage, Petite spa facial, scalp massage, finished with an express manicure and pedicure. §

Allow 3 hours – \$390

Hot Stone Massage Therapy Unwind with a rhythmic full body massage as hot stones and coconut oil warm the whole body to a state of pure relaxation, melting all your tension away.

Allow 1 hour 30 mins – \$200

The Ritual of Rejuvenation The perfect combination to replenish the face and relax the body, including our divine body and scalp massage, plus Petite Spa Facial. §

Allow 1 hour – \$155 (half body massage and facial)

Allow 1 hour 30 mins – \$215 (full body massage and facial)

Destination De-Stress The ideal treatment for over-worked bodies and minds including our stress relieving body and scalp massage, plus spa foot treatment. §

Allow 1 hour – \$155 (half body massage and foot treatment)

Allow 1 hour 30 mins – \$215 (full body massage and foot treatment)

Top to Toe The ideal way to rejuvenate the skin and revitalise the hands and/or feet complete with a relaxing scalp massage. Perfect for a special occasion or relaxation time just for her. §

Allow 1 hour – \$155 (Petite facial, with choice of mani or pedi)

Allow 1 hour 30 mins – \$210 (Petite facial, mani and pedi)

wumurdaylin Hand Print Relax with a Moroccan guava hand exfoliation and hydration treatment, finished with a manicure. §

Allow 30 mins – \$75 (express - buff, file and polish)

Allow 1 hour – \$135 (deluxe - hand treatment, buff, file and polish)

wumurdaylin Foot Print Nurture your feet with our spearmint and ginkgo infused foot exfoliation and hydration treatment, finished with a pedicure. §

Allow 30 mins – \$75 (express - buff, file and polish)

Allow 1 hour – \$135 (deluxe - foot treatment, buff, file and polish)

Note: French polish is available with one hour hand print or foot print only.