





12-14 NOVEMBER 2021

 $\hbox{\#HamiltonIsland\,\#HamiltonIslandEnduranceSeries}$





WELCOME

It is with great pleasure that I welcome you to the 2021 Hamilton Island Triathlon and Ocean Swim. Whether you are here to take on the Triathlon, compete in the Ocean Swim or to support the participating athletes - I thank you for joining us.

The last few years have been challenging, so we are even more pleased to be able to welcome you here to enjoy your sport. It is my hope that over the course of the weekend, you are able to also take time out to recover from your race and enjoy the natural beauty of Hamilton Island.

I would like to take this opportunity to thank our sponsors, Tourism and Events Queensland, Powerade, Maui Jim, Espresso di Manfredi, ZIPP, SRAM, Corry Cycles, Cruise Whitsundays, Wild Oats Wines and AVPartners, for their support and contribution to the event.

Lastly I'd like to make mention of our COVID Stay Well program, designed to create a safe environment for all participants and guests. We would appreciate it if you could do your part and follow the necessary guidelines as instructed by event officials during the races and as outlined in hotel and event collateral.

Wishing you a wonderful weekend of competition - good luck and race hard.

Glenn Bourke

Chief Executive Officer, Hamilton Island

Welcome to the Hamilton Island Triathlon and Ocean Swim, a wonderful opportunity to immerse yourself in The Whitsundays' local culture and community, and hopefully explore some of the superb tourism experiences on offer here.

The impacts of the pandemic have provided incredible challenges, but thanks to the hard work of Queenslanders our state was one of the first to put in place a COVID Safe Event Framework which paved the way for events such as this one to take place.

The Queensland Government is proud to support the Hamilton Island Triathlon and Ocean Swim, through Tourism and Events Queensland's Destination Events Program and it is a feature on our It's Live! in Queensland events calendar. Events are an important part of our

state's economic recovery from the pandemic because they attract visitors to the region which stimulates the local economy and supports local jobs. Events are also an important opportunity for communities, friends, families and visitors to come together, creating community pride and reconnecting us.

Congratulations to the event organisers and all those involved in organising this event - may it be a successful one.

If you are visiting for the event, I encourage you to make some time to explore the diverse tourism experiences on offer in this beautiful region.

The Hon. Stirling Hinchliffe MP

Minister for Tourism Industry Development and Innovation and Minister for Sport



EVENT DETAILS

FRIDAY 12 NOVEMBER

12.00pm - 6.00pm Corry Cycles Bike Servicing, Beach Pavilion

\$20 to unpack and assemble, \$20 to pack in bag or box or \$35 for both. Free service, parts additional.

3.00pm - 6.00pm Hamilton Island Triathlon and Ocean Swim Registration, Beach Pavilion

It is compulsory for all triathletes and swimmers to register.

4.00pm - 4.50pm Swim with the Stars, Catseye Beach

Gain first-hand insights and tips from our visiting professional swimmers on how best to take on the

Hamilton Island Ocean Swim course.

Meet at the triathlon swim start on Catseye Beach (near the Beach Sports Hut).

5.00pm - 5.45pm Hamilton Island Triathlon Briefing, Course Orientation and Cycle Clinic, Beach Pavilion

All triathletes MUST attend.

5.45pm - 6.30pm Hamilton Island Triathlon Transition Open / Bike Check-in, Frangipani Lawn

Bikes to be inspected and racked during this time, security will be present overnight.

5.45pm Carbs on the Couch, Beach Pavilion

Beach Pavilion Kiosk open for dinner and a pre-race carb fix. From 7.00pm, join our swim stars for a

relaxed Q&A ahead of the big race.

SATURDAY 13 NOVEMBER

5.00am Hamilton Island Triathlon Transition Open, Frangipani Lawn

Beach Pavilion Kiosk open for coffee and breakfast rolls.

6.00am Hamilton Island Triathlon Rolling Starts

1 - Men's 2 - Teams 3 - Women's

8.00am Hamilton Island Junior Triathlon Briefing and Transition Open, Beach Pavilion

Briefing for all juniors and transition open (after final adult bike leg finished).

8.30am Hamilton Island Junior Triathlon Rolling Starts

1 - Long race 2 - Short race 3 - Medium race

10.00am - 3.00pm Post-Race Recovery and Presentations, Beach Pavilion

Presentations at the Beach Pavilion. Kiosk open with post-race coffee and wine bar, plus live music.

Bring your bib to redeem your free glass of Wild Oats Wine.

12.00pm - 1.00pm Hamilton Island Ocean Swim Registration, Beach Pavilion

Registration and pack collection opens after the triathlon presentations conclude.

Afternoon Hamilton Island Icons Trail

A free to enter hike along the Hamilton Island walking trails to find the four iconic landmarks with spectacular views. This trail can be completed in two hours or two days at your own pace. Check in

at all four icons to receive a commemorative keyring.



EVENT DETAILS

SUNDAY 14 NOVEMBER

6.30am Cruise Whitsundays ferry service departs from Shute Harbour

7.00am Hamilton Island Ocean Swim Registration (mainland entrants), Beach Pavilion

Registration and pack collection opens for entrants arriving from the mainland.

Beach Pavilion Kiosk open for coffee and breakfast rolls.

7.10am Cruise Whitsundays ferry arrives from Shute Harbour

Transfers available to Beach Pavilion for registration.

7.45am Hamilton Island Ocean Swim Briefing, Beach Pavilion

All swimmers MUST attend.

8.00am Hamilton Island Ocean Swim Starts

8.00am 350m Junior Race

8.15am 750m Race and Anything Goes

8.30am 2km Race

10.00am - 3.00pm Post-Race Recovery, Beach Pavilion

Presentations at the Beach Pavilion. Kiosk open with post-race coffee and wine bar, plus live music.

Bring your voucher to redeem your free glass of Wild Oats Wine.

Afternoon Hamilton Island Icons Trail

A free to enter hike along the Hamilton Island walking trails to find the four iconic landmarks with spectacular views. This trail can be completed in two hours or two days at your own pace. Check in at all four icons to receive a commemorative keyring, available for collection from the Beach Pavilion

before 4.00pm today.

5.15pm Recovery Yoga, Hamilton Island Yacht Club Keel Deck

The perfect way to unwind and recover. Free to participate, book at the Sports Club or call them

on 07 4946 8590.

5.15pm Last Cruise Whitsundays ferry service departs to Port of Airlie,

Hamilton Island Ferry Terminal

5.30pm Last Cruise Whitsundays ferry service departs to Shute Harbour,

Hamilton Island Ferry Terminal



RACE RULES

Triathlon

Non-drafting on the cycle course will apply and there will be officials policing this on the course. Wetsuits will be allowed for the swim course. The water temperature will be approximately 23 degrees. Any athlete seen to be taking a shortcut during the event will be disqualified. For safety reasons you must have begun your final airport run (13.3km into the bike course) by 7.45am to allow us to hand back the runway to authorities for its intended use. Failure to clear Gate 1 by this time will result in a DNF. You may however proceed back to the transition area and complete the run leg.

Hamilton Island Ocean Swim

This is a non-sanctioned event. This is a non-wetsuit event, swim skins are permissible but any suit or device that aids buoyancy or propulsion will not be allowed. Should you be found wearing any of these you will be disqualified. Any athlete found taking a shortcut will be disqualified.

Race Withdrawals

Withdrawals prior to the event must be in writing – email events@hamiltonisland.com.au. If you withdraw on race day prior the race start, please advise an official at Race Kit Collection or at the officials marquee. The cancellation fee is 100% should you withdraw on race day. If you withdraw during the race, please report to the officials marquee and advise an official that you have withdrawn. The cancellation fee is 100% should you withdraw during the race.

Hamilton Island Icons Trail

This is an opportunity to see the four main icons along our walking trails. Trail maps will be available at the Beach Pavilion. Registration is not required however you will need to 'check in' via QR code at all four icons anytime between Saturday morning and 4.00pm Sunday evening to receive your Icons Trail commemorative keyring. Keyring is available for collection from the Beach Pavilion prior to 4.00pm Sunday 14 November.

USEFUL PHONE NUMBERS

Hamilton Island Numbers

Hamilton Island Resort	07 4946 9999
Hamilton Island Reservations	137 333
Buggy Hire	07 4946 8263
Lost Property	07 4946 9999
Reception Beach Club	07 4946 8000
Reception Palm Bungalows	07 4946 9999
Reception Reef View Hotel	07 4946 9999
Reception Holiday Homes	07 4946 8640
Tour Desk	07 4946 8305

Medical

Medical Centre 07 4804 5688 Emergency 000

Travel

Cruise Whitsundays	07 4846 7000
Jetstar	13 15 38
Qantas	13 13 13
Virgin Australia	13 67 89

EVENT ROAD CLOSURES

SATURDAY 13 NOVEMBER, 5.45am - 8.30am The following roads will be closed or have limited access:

- All resortside roads
- Marina Drive from Mango Tree corner to airport roundabout
- Mango Tree Corner
- Front Street, Marina Village
- Marina Terrace (road from Conference Centre to airport roundabout)
- Airport Drive and airport roundabout to Palm Valley Parking is available at the Resort Centre or behind the Reef View Hotel



Stay well here. We've created a safe and healthy place for you to enjoy. Please help us keep it this way by following all signage and guidelines, as well as any instructions from event officials throughout the weekend. For more information on our Stay Well program visit **hamiltonisland.com.au/staywell**



THANKS TO OUR SPONSORS AND PARTNERS:





















