

Set amongst the beautiful Whitsundays. Spa wumurdaylin welcomes you to our divine relaxation haven. Our warm and relaxed approach invites you to indulge in a sensory experience themed to our stunning natural surrounds of pure oceanic bliss.

beauty, alongside strength and happiness for all. Often found near water, the dragonfly represents our spa ethos here on Hamilton Island with appreciation of this wonderful holiday destination and environment captured perfectly from the dragonfly's view above.

Carefully selected spa products from LaGaia Unedited have been chosen Whitsunday Islands and our destination spa.

LaGaia Unedited is based on the purest philosophy of 'unedited' ageing and natural ingredients to provide a luxurious and restorative

designed to enhance your wellbeing without harming our precious for truth in skin products, here it is... unedited.

wamardaylin {woo-mer-day-lin} meaning butterfly



## **De-Stress Package**

Massage | Foot ritual | Head and neck

Transcend into pure relaxation. Ideal for over-worked bodies and minds, our signature techniques and movements are designed to unravel tension and instill tranquility.

60 mins - \$205 (Half body massage and foot treatment) 90 mins - \$270 (Full body massage and foot treatment)

## **Rejuvenation Package**

Massage | Performance facial | Head and neck

A treat for the skin and soul. This ritual is the ultimate combination to restore the skin's radiance and recharge the body.

60 mins - \$205 (Half body massage and performance facial) 90 mins - \$270 (Full body massage and performance facial)

### **Signature Radiance Package**

Full body massage | Radiance facial | Gua Sha stone massage | Head and neck

This signature journey relieves muscular tension whilst hydrating and nourishing the body, skin and mind. Using Australian actives and botanicals enhanced with precious stones for a restoring and radiant glow.

120 mins - \$355 per person

## **Double Indulgence Package**

Aromatherapy massage | Foot and hand ritual| Performance facial | Head and neck

Drift away in paradise with this head to toe treatment designed to cleanse, nourish and soothe both face and body. Perfect to indulge together or as one.

120 mins - \$355 per person



Signature Island Rituals

## **Seaside Dream**

Crème exfoliation | Mud wrap | Full body massage | Radiance facial | Head and neck

Stir the senses in this three hour journey of healing and rejuvenation. Retreat to your inner sanctuary as the hair, skin, face and muscles are nurtured with mineral rich and aromatic blends to promote ultimate restoration and balance.

180 mins - \$550

### **Precious Elements**

Crème exfoliation | Mud wrap | Hydration massage | Head and neck Purify the mind, body and soul. Radiance is restored as our sublime exfoliation unearths fresh skin, whilst our rich masque infuses the healing properties of earth's precious elements. 90 mins - \$290 | 120 mins - \$355

### **Soul Temple**

Sugar exfoliation | Vichy shower | Under water massage

Embark on a journey of sensory indulgence. Sweet sugar scrub exfoliates and renews the skin as you are eased into our Signature Vichy Revival Ritual. Body and mind are left feeling nourished and reborn. \*Only one treatment room available for this treatment.

60 mins - \$205

### **Sun Worshipper**

Hair, face and body hydration treatment | Head and neck

Wrapped in healing arms. The perfect holiday treatment that deliciously quenches and drenches skin in luscious hydration. Precious serums and gels repair UV damage and prolong a golden skin tone. Perfect for those that love a sun kissed holiday.

60 mins - \$205



### **Mother Nature**

Anti-ageing radiance facial | Gua Shastone massage| Hand ritual | Head and neck

Precious beauty, filter free. Utilising nature's master healers for the ultimate anti-ageing therapy, prepare for your skin and spirit to be enveloped by the precious elements of Hamilton Island.

90 mins - \$285

# Radiance

### Brightening | Hydrating| Rebalancing

Tailored specifically to achieve the above results. Regenerate skin back to how nature intended. Organic herbal tinctures are used to infuse vitamins, botanicals and minerals into the deepest dermal layers. A rebalancing ritual that loves Mother Nature's best.

60 mins - \$190

# Performance

### Express facial treatment

Combine relaxation and rejuvenation. Science and nature collide for a results focused facial, designed to revive the skin's natural radiance.

30 mins - \$130



## **Diamond Eye**

Masque | Massage | Diamond eye treatment

The ultimate addition to any facial treatment – fight dark circles and fine lines to return a youthful glow to the eyes.

## **Precious Stones**

### Gua Sha facial massage

An indulgent ritual that uses precious stones to infuse active botanicals and reduce fluid retention. Radiance awaits.

## **Hand or Foot Ritual**

Exfoliation | Hot compress | Hydration massage

Sublime restoration for your feet or hands as aches and tension melt away.

15 mins - \$55 each



# Relaxation

Still the mind and ease aches. Relax and find your zen with this rhythmical massage designed to rebalance and rejuvenate the body.

30 mins - \$125 | 45 mins - \$155 | 60 mins - \$185 | 90 mins - \$240

## **Aromatherapy**

Indulge your senses and soothe your soul. Customise your massage with the choice of LaGaia's signature aromatherapy blends. A blissful fusion of therapeutic touch and essential oils tailored to your needs.

30 mins - \$130 | 45 mins - \$160 | 60 mins - \$190 | 90 mins - \$250

### Pregnancy

A soothing massage for mother and baby. A relaxation massage applied with skill and care. Suitable for 12 weeks gestation onwards. 30 mins - \$130 | 45 mins - \$160 | 60 mins - \$190 | 90 mins - \$250

## **Deep Release**

Experienced hands use corrective techniques to work out underlying tension and relieve sore aching muscles.

30 mins - \$130 | 45 mins - \$160 | 60 mins - \$190 | 90 mins - \$250

## Recovery

A signature massage with blends of arnica, almond and jojoba oil, designed to reduce inflammation and stimulate circulation.

30 mins - \$130 | 45 mins - \$160 | 60 mins - \$190 | 90 mins - \$250

### **Hot Stone**

Body and soul in balance. Hot stones and sunflower seed oil warm the body during this wholesome ritual to melt away tension. 90 mins - \$265

Spa Etiquette

### Arrival

Please arrive 15 minutes prior to your booking time to complete your consultation form, relax and allow us to be on time for all guests.

Reservations Advanced bookings are necessary to ensure your preferred treatment and appointment time.

#### **Cancellation Policy**

A 50% cancellation fee will apply to all appointments cancelled within 24 hours.

#### Health Considerations

Your health and wellbeing are our top priority. Therefore, it is essential for you to inform us of any health conditions or concerns (such as any sunburn or injuries), medication use or allergies which may affect your treatment choices.

#### Pregnancy

Certain spa treatments are not recommended during your first trimester. Please see various treatments marked with a which are pregnancy safe. If you are pregnant please advise the spa reception

upon booking

#### Privacy

Our caring and professional therapists have the utmost respect for your privacy and will keep any personal information completely confidential. It is our intention to provide a safe, healing environment based on trust, a peaceful sanctuary where you can truly enjoy your spa experience. Please take some time to review our privacy policy located at <u>www.hamiltonisland.com.au/privacy-policy</u>

#### Spa Manners

Pleasekeep noise to a minimumat all times in consideration of all guests. Mobile phones and cigarettes are asked to be used outside the spa environment.

#### Attire

Please wear comfortable clothing. Bath robes and disposable underwear will be provided for all required treatments.

### Valuables

We highly recommend leaving valuables and jewellery in the safe at your hotel room, or utilising our lockers in the bathrooms.

#### Environment

Please respect the environment and other guests

by keeping towel use minimal and limit your shower time in the spa to no longer thar 10 minutes.

#### Payment

The spa accepts eftpos and all major credit cards. In-house guests may charge their treatments to their room account.

#### Retail Range

Indulge in some retail therapy with our extensive range of beauty, body, bath and gift products.

#### Gift Vouchers

Spa gift vouchers are available for all treatments, and are always a well-received gift idea. Please visit or call reception.

#### Facilities

The spa has on-site bathrooms and showers for spa visitors only, one vichy shower room, two rain shower rooms and four couples rooms (treatment choice dependent).

#### Locatior

The spa is located 50m past Hamilton Island Wildlife, between Hamilton Island Weddings and Buggy Hire. Limited parking is available. Please use the Resort Centre buggy parking area if required.

#### Age

Guests must be over the age of 12. Guests aged between 12 and 16 must have a parent or guardian accompanying them into the treatment room.

**Spa Opening Hours** 9.00am - 6:00pm Monday to Saturday 10.00am - 5.00pm Sunday

**Contact Numbe**r 07 4946 8669