Hand and Foot Treatments

§ All hand and foot treatments are pregnancy safe.

wumurdaylin Hand Print Relax with a Moroccan guava hand exfoliation and hydration treatment, finished with a manicure. Allow 1 hour – \$135 (deluxe - hand treatment, buff, file and polish)

wumurdaylin Foot Print Nurture your feet with our spearmint and gingko infused foot exfoliation and hydration treatment, finished with a pedicure.

Allow 1 hour – \$135 (deluxe - foot treatment, buff, file and polish)

Note: French polish is available with 1 hour hand print or foot print only. Shellac or gel polish removal is not available

Express Hand or Foot Print Refresh your nails with a buff, file, hydration treatment and polish for your hands or feet, excludes cuticle work.

Allow 30 mins – \$75

Time for Two Share a relaxing spa treatment together, perfect for a mother-daughter duo, or the ideal ladies indulgence. Caring for all areas, this treatment includes a body and scalp massage, a Petite Spa Facial and a choice of either an express manicure or pedicure.

Allow 1 hour 30 mins - \$225 per person, \$450 for two

Top to Toe The ideal way to rejuvenate the skin and revitalise the hands and/or feet, complete with a relaxing scalp massage. Perfect for a special occasion or relaxation time just for her.

Allow 1 hour – \$160 (Petite Facial, with choice of mani or pedi) w 1 hour 30 mins – \$220 (Petite Facial, mani and pedi)

Enhancements

The perfect option to accompany any chosen facial, hand or foot treatment.

§ All spa enhancements are pregnancy safe.

Anti-Ageing Eye Treatment The ultimate addition to any treatment, fighting puffiness, fine lines and wrinkles surrounding the eyes.

Hydrating Hair and Scalp Treatment Masque An orange crème masque treatment applied with a de-stressing scalp massage to relax the mind and restore brilliance to tired, dry locks.

Aromatic Foot Ceremony Designed to rest and restore overworked feet. Begin with a deep spearmint and bamboo exfoliation, finished with a hydrating crème and reviving foot massage.

Allow 15 mins - \$40 (available as additions only)

Thassage Therapies

For a healing touch applied with skill and care.

Relaxation A rhythmical massage designed to rejuvenate and rebalance the body. Built up stress and tension will be eased by your therapist as you relax and unwind with this popular massage.
30 mins - \$80 | 1 hour - \$135 | 1 hour 30 mins - \$190

 $\mbox{Pregnancy}$ A relaxation massage applied with skill and care, suitable for 12 weeks gestation onwards. $\mbox{\$}$

30 mins - \$80 | 1 hour - \$135 | 1 hour 30 mins - \$190

Deep Release Therapists are trained to relieve sore aching muscles, focussing on your areas of concern.

30 mins - \$85 | 1 hour - \$140 | 1 hour 30 mins - \$200

Aromatherapy Choose from our range of organic essential oils to promote deep relaxation with enchanting aromas.
30 mins - \$85 | 1 hour - \$140 | 1 hour 30 mins - \$200

Hot Stone Massage Therapy Unwind with a rhythmic full body massage as hot stones and coconut oil warm the whole body to a state of pure relaxation, melting all your tension away. Allow 1 hour 30 mins – \$220

Alternative Therapies

Take the time to recharge, heal and balance the body with these special modalities.

All alternative therapies are pregnancy safe.
 Reiki A non-invasive and gentle, yet powerful, method of healing to rebalance the mind, body and soul.
 Allow 30 mins – \$75 Allow 1 hour – \$125

Spa Etiquette

Arrival Please arrive 15 minutes prior to your booking time to complete your consultation form, relax and allow us to be on time for all guests.

Reservations Advanced bookings are necessary to ensure your preferred treatment and appointment time.

Cancellation Policy A 50% cancellation fee will apply to all appointments cancelled within 24 hours.

Health Considerations Please advise us if you have allergies, are experiencing sunburn, or have any health concerns prior to your treatment.

Pregnancy Certain spa treatments are not recommended during your first trimester. Please see various treatments marked with a S which are pregnancy safe. If you are pregnant to please advise the spa reception upon booking.

Privacy Our caring and professional therapists have the utmost respect for your privacy and will keep any personal information completely confidential. It is our intention to provide a safe, healing environment where we can all relax and enjoy a spa experience.

Spa Manners Please keep noise to a minimum at all times in consideration for all guests. Mobile phones and cigarettes are asked to be used outside the spa environment.

Attire Please wear comfortable clothing. Bath robes and disposable underwear will be provided for all required treatments.

Valuables We highly recommend leaving valuables and jewellery in the safe at your hotel room, or utilising our lockers in the bathrooms.

Environment Please respect the environment and other guests by keeping towel use minimal and limit your shower time in the spate no longer than 10 minutes.

Payment The spa accepts eftpos and all major credit cards. In-house guests may charge their treatments to their room accoun

Retail Range Indulge in some retail therapy with our extensive range of beauty products for the body, massage oil blends and spa gift packs available from reception.

Gift Vouchers Spa gift vouchers are available for all treatments, and are always a well-received gift idea. Please visit or call receptio

Facilities The spa has on-site bathrooms and showers for spa visitors only, two vichy shower rooms, two rain shower rooms and three couples rooms (*treatment choice dependent*).

Location The spa is located 50m past the WILD LIFE Hamilton Island, between Hamilton Island Photography and Buggy Hire. Limited parking is available. Please use the Resort Centre buggy parking area if required

Opening Hours – 9am–7pm daily Contact Number – 07 4946 8669 or extension 68669

Effective September 2016. Prices subject to change.

SPA warnardaylin

wamardaylin {woo-mer-day-lin} meaning dragonfly

Set amongst the beautiful Whitsundays, Spa wumurdaylin welcomes you to our divine relaxation haven. Our warm and relaxed approach invites you to indulge in a sensory experience themed to our stunning natural surrounds of pure oceanic bliss.

'wumurdaylin' – meaning 'dragonfly', symbolises renewal, freedom and beauty, alongside strength and happiness for all. Often found near water, the dragonfly represents our spa ethos here on Hamilton Island with appreciation of this wonderful holiday destination and environment captured perfectly from the dragonfly's view above.

Carefully selected spa products from Waterlily and LI'TYA have been chosen to provide a unique indigenous experience while capturing the beauty of the Whitsunday Islands and our destination spa.

Waterlily delivers authentic aromatherapy spa rituals harnessing the rejuvenating properties of essential oils. All Waterlily treatments and products are infused with cold pressed plant oils, anti-ageing vitamins with fresh flowers, fruits and herbal concentrates to create a sensory journey harmonising the body, mind and soul.

LI'TYA – meaning 'of the earth' – is a unique range of premium products which integrate indigenous modalities, utilising precious extracts from the Australian earth, its native plants and its spirit, within a treadlight philosophy – pure botanicals, organic Australian native plants, pure essential oils, no artificial fragrances.





www.litya.com.au

www.waterlilyskinbodyspa.com.au

🗘 Indigenous Spa Rituals

The legacy of our destination spa is perhaps best experienced through our holistic spa treatments. With our finest ingredients all native to Australia, encounter a unique journey with melodic rhythm, touch and aromas.

LI'TYA Ocean Dreaming The unseen vibration of creation

Nurture, renew and revitalise with our sensory spa journey to reconnect the body, mind and soul, from head to toe and from the outside in. Cleanse your body with a luxurious full body and facial package for 180 minutes using replenishing essential oils and natural botanical ingredients.

Key Elements: facial, hand and foot treatments, body exfoliation and mud wrap, hair and scalp treatments, and massage

Allow 3 hours – \$450

LI'TYA Pekiri Yulu Dream fragrance

Unwind, relax and nourish your body with this complete anti-ageing rejuvenation experience. To begin, you will be energised and nourished with a complete native mint body exfoliation before being cocooned in a warm and nourishing body mud, which works to cleanse and deliver essential nutrients to the skin.

Key Elements: full body exfoliation and body wrap, hair mask and indigenous pressure points massage to body, hands and feet – designed to balance and align **Allow 2 hours – \$300**

LI'TYA Susu Dew Means 'sea spray'

This rhythmic full body massage is inspired by traditional Australian Aboriginal techniques which balance and re-align energy flow, enhancing mind and body wellness. A combination of pressure points and spiralling movements ground and uplift you.

Key Elements: full body aromatherapy massage with scalp treatment

Allow 1 hour - \$150 | 1 hour 30 mins - \$220

LI'TYA Lowanna Means 'beautiful'

The perfect combination for a mother-to-be, or those in need of some serious pampering. Caring for all the zone areas – the hands, feet and head – recharges the body and enhances overall equilibrium. \$

Key Elements: facial, hand and foot treatment Allow 1 hour 15 mins – \$175

*Recommended addition to LI'TYA SUSU DEW massage.

of Signature Spa Pachages

The ideal spa packages to embrace time away from the everyday stresses.

Island Escape The perfect pampering from tip to toe including a full body sugar scrub exfoliation and hydration massage, Petite Spa Facial, scalp massage, finished with an express manicure and pedicure. Allow 3 hours – \$425

Especially for Him and Her Indulge together and receive a full body aromatherapy massage, oriental head massage, de-stress foot exfoliation and hydration treatment, Moroccan rose and guava hand hydration treatment and Petite Spa Facial, performed in our couples treatment room. § Allow 2 hours together – \$270 per person, \$540 per couple

The Ritual of Rejuvenation The perfect combination to replenish the face and relax the body, including our divine body and scalp massage, plus Petite Spa Facial. Allow 1 hour – \$160 (half body massage and facial) Allow 1 hour 30 mins – \$220 (full body massage and facial)

Destination De-Stress The ideal treatment for over-worked bodies and minds including our stress relieving body and scalp massage, plus spa foot treatment. § Allow 1 hour – \$160 (half body massage and foot treatment) Allow 1 hour 30 mins – \$220 (full body massage and foot treatment)

Fruit Monsoon Body Wrap Buffed and cocooned in exotic fruit extracts and infused in rich pink clay, this treatment deeply hydrates, replenishes and refines the skin leaving you feeling blissfully relaxed.

Allow 1 hour 30 mins - \$255 each

Maternal Blessing Body Wrap A nourishing, gentle full body ritual which calms and soothes dry, sensitive or irritated skin. Ideal for a mother-to-be, this ritual enriches the skin and leaves it feeling buttery soft and smooth.

Allow 1 hour 30 mins – \$255 each §

Body Exfoliation The optimal treatment to accelerate natural skin renewal, stimulating circulation while ensuring nourished and soft skin. Choose from our sugar scrub exfoliation or a gentle crème body polish to buff your skin silky smooth.

Allow 1 hour - \$175

*All body exfoliations and body wraps can be in either a Vichy shower or Rain shower room

Body wraps include exfoliation, body wrap and hair and scalp treatment.

In Spa Facials

& All spa facials are pregnancy safe.

Discover the secret to younger and more radiant skin with these delicately fragranced, indulgent facials.

Fruit Enzyme Professional Spa Facial An exfoliating and refining treatment rich in enzymatic, exotic tropical fruits, citrus rind and a blend of antioxidant berries to revitalise, smooth and brighten the skin, leaving it glowing and refreshed. **Allow 1 hour 15 mins - \$175**

Youth Elixir Professional Spa Facial The ultimate anti-aging facial enriched with exquisite essential oils, crushed nut butters and anti-aging vitamins to deliver a boost of hydration to renew and replenish the skin.

Allow 1 hour 15 mins – \$175

Seasonal Botanical Spa Facial A refreshing, customised facial enriched in fresh seasonal ingredients to revitalise the skin. Each facial features omega oils, vitamins and pure essential oil concentrates, finished with active botanicals and pure Vitamin C to energise and transform the skin. Allow 1 hours - \$150

Balancing Spa Facial Ideal for dull or lifeless skin, LI'TYA's native organic products will help boost, balance and rejuvenate neglected skin.

Allow 1 hour – \$150

Waterlily Petite Spa Facial *An express facial treatment.* Bursting with essential oils and botanical extracts, this facial helps replenish and revitalise the skin.

Allow 30 mins - \$85